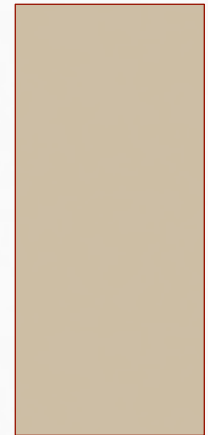


HEALTH POLICY, HEALTH REFORM AND HEALTHY COMMUNITIES

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Patient Protection and Affordable Care Act (PPACA)

- Rationale for Comprehensive Health Reform
 - Uninsured
 - Unsustainable growth in spending (health care and insurance)
- How do you address the driving factors?
 - Improving access to care
 - Controlling rising costs

Public Health and PPACA

- Public Health
 - Protecting and improving the health of communities
 - Preventative rather than curative aspects of health
 - Population-level rather than individual-level health
- PPACA
 - Health care access for Medically Underserved Communities
 - Increase primary care and Public Health workforce
 - Health Prevention, Wellness and Public Health
 - Health care quality

Outline

- PPACA
 - Health Centers and Clinics
 - Primary care and Public Health Workforce
 - Prevention and Wellness
- Opportunities
 - Healthy Mississippi
 - Health Reform

Health Care Access

- Health Centers and Clinics
 - Key component to health care safety net
 - Comprehensive and affordable primary care to underserved communities
 - Proven to increase access to primary health care services
 - Improve community health¹
 - Lower infant mortality rate
 - Reduce racial and ethnic disparities in health
 - Lower spending by averting more expensive emergency room visits

Health Care Access

- PPACA
 - \$11 billion in supplemental funding for community health centers over FY2011-FY2015
 - Appropriates funds for a grant program to establish school-based health centers
 - Authorizes state grants to health care providers who treat the medically underserved
 - Create state demonstration program to provide uninsured with access to health care

Health Care Access

- Why is this important to Mississippi?
- MS Health Center Profile²
 - 21 Organizations, 178 Delivery Sites
 - 296,300 total patients
 - 91% of Health Center population under 200% of poverty
 - 44% of Health Center population uninsured
 - \$252, 769,055 wasted expenditures on avoidable emergency department visits (2006)
 - \$148,879,146 economic benefits generated for local communities (2006)

Primary Care and Public Health Workforce

- Concern about the size, specialty mix, and geographic distribution of the healthcare workforce
 - Health Resources and Services Administration (HRSA) estimates that an additional 7,000 physicians are needed in designated health professional shortage areas³
 - As of 2000, there was a 6% shortage of nurses and it is expected to grow to 20% in 2020⁴
- PPACA
 - Reauthorizes and expands numerous existing health workforce programs
 - Create new programs to increase training experiences in primary care, in rural areas, and in community-based settings

Prevention and Wellness

- PPACA expands federal prevention and wellness efforts through 4 mechanisms
 1. Coverage of preventative health services in public or federally regulated private health insurance programs
 2. Regulation of certain employer-provided wellness programs
 3. Community-based research, disease prevention and health promotion programs
 4. Evidence review process to determine whether specific clinical and community-based prevention interventions are effective

Prevention and Wellness

- Coverage of Clinical Preventive Services
 - Expands requirements for coverage of clinical preventative services under Medicare and Medicaid, and in the private insurance market without cost-sharing measure
 - Preventative service provision applies to people enrolled in job-related health plans or individual health insurance policies created after March 23, 2010
- Examples of Covered Services⁵
 - Cardiovascular disease screening
 - Tobacco use screening
 - Autism screening

Prevention and Wellness

- Wellness programs provided by employers and insurers
 - Increase interest in providing incentives for health behaviors, i.e. providing a gym at the workplace
 - PPACA increases the cap on the allowed value of rewards given to employees from 20% to 30%, and gives discretion to the Secretaries of HHS, Labor and Treasury to increase the reward value up to 50%

Prevention and Wellness

- Community-based prevention programs
 - PPACA establishes a comprehensive framework for federal community-based (public health) prevention activities; including a coordinating council, national strategy and national education and outreach campaign
 - Prevention and Public Health Fund: \$5 billion for FY2010-FY2014
 - Provide for expanded and sustained national investment in prevention and public health programs to improve health and help restrain the rate of growth in private and public sector health care costs
 - Community Transformation Grants program
 - Focused broadly on preventable risk factors
 - Support the development and implementation of community-based plans that include “the policy, environment, programmatic and as appropriate infrastructure changes need to promote healthy living and reduce disparities.”

Opportunities to Support Health Reform

- Why support health reform?
 - Uninsured
 - Health care spending
 - Increase community health and morale
- Who can support health reform?
 - Policy makers
 - Communities
 - Government
- How can health reform be supported?
 - Addressing structural problems that create unhealthy communities through public policy

Opportunities to Support Health Reform

- Examples of how health reform can be supported?
 - Cardiovascular Disease (CVD)
 - Factors that have proven to be associated with CVD include:
 - Noise
 - Traffic
 - Crime
 - Access to sidewalks, playgrounds, adequate shopping
 - Potential Opportunities
 - Policy makers consider how non-health decisions impact health i.e. zoning, economic development, correctional policy
 - Communities encourage decision-makers to create policies that will promote healthy lifestyles
 - Good government=Health Promotion

Reference

1. For more information on the health center program, go to <http://bphc.hrsa.gov>.
2. Mississippi Health Center Fact Sheet. (2008) National Association of Community Health Centers
3. U.S. Dept. of Health and Human Services. HRSA. (2006) Physician Supply and Demand: Projections to 2020.
4. National Advisory Council on Nursing Education and Practice. (2007) Fifth Report to the Secretary of Health and Human Services and Congress
5. For a complete listing of preventive services covered under the PPACA, go to <http://www.healthcare.gov/law/about/provisions/services/lists.html>

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